



**SYNERGY**  
Strength and Conditioning  
HOME OF 

## Synergy Strength. CrossFit Saskatoon.

#4 – 420 Lauriston Street  
P.O. Box 37028 North Park RPO  
Saskatoon, SK S7K 8J2  
Phone: (306) 979-9348  
Email: [info@synergystrength.ca](mailto:info@synergystrength.ca)  
Web: [www.synergystrength.ca](http://www.synergystrength.ca)

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### MEMBERSHIP TERMS & CONDITIONS

1. Compliance with rules. I agree to follow any SYNERGY membership policies and club rules which may be posted at the facility, on the website or issued orally. SYNERGY may, in its sole discretion, modify its membership policies and club rules without notice at any time. I agree that improper unauthorized use of the facility may result in membership cancellation or suspension. SYNERGY may suspend or cancel the rights, privileges and membership of any member whose actions are detrimental to the enjoyment of the club's facilities by other members or for failure to comply with membership policies and club rules.
2. Non-registered members. I agree that I am prohibited from allowing anyone who is not a registered member to access the facility and/or use the facility. I agree that I will not lend, share or transfer my membership to anyone. If I breach this Agreement, SYNERGY has the right to charge me \$50 for each visit of every person that I let in, member or non members, and may, without further notice, terminate my membership. I understand and agree that SYNERGY may use all available means to enforce this policy, including electronic surveillance.
3. Access tag. I am responsible for my access tag and any damages that result from unauthorized use of my access tag. If I lose my access tag I will notify SYNERGY immediately. I am responsible to return my access tag if I end my membership. I will pay a replacement fee of \$20 for any access tag that is lost or not returned.
4. Communication. I consent to receive communications from SYNERGY.
5. Damaged, lost or stolen property. I understand that SYNERGY is not responsible for any of my personal property that is damaged, lost or stolen while in or around the club. I understand and agree that I am liable for all damage I cause to the equipment or physical infrastructure of the club facility and will reimburse SYNERGY for any damage I cause.
6. Money back guarantee. To be eligible I must i) join Personal Training or CrossFit Group Classes for an initial term of 3 months, ii) work out a minimum two times per week, iii) log all of my workouts and iv) make a reasonable attempt to incorporate into my routine SYNERGY's nutritional and lifestyle guidance. If none of this has helped me make progress to better results, SYNERGY will issue me a refund. I must apply in writing for a refund and that application must be within sixty (60) days of the end of my initial three (3) month term.
7. Prepayments are non refundable .
8. Auto-renewal. All contracts will auto-renew on the contract auto-renewal date unless cancelled by me or SYNERGY. Auto-renewals will be at the current price at the time of auto-renewal.
9. Fees. Membership fees will be paid by pre-authorized debit and are subject to change without notice. Membership fees overdue are subject to interest charges of 1% per month. Valid student identification is required to be eligible for the student membership fee.
10. Membership changes, holds and cancellations.
  - a. Notice period. Memberships are effective on the contract start date. When moving to a different membership, placing a membership on hold or when canceling a membership, notice of Thirty (30) calendar days prior to the upcoming month is required. For example canceling a contract as of December 1 would require notice of the change on October 31 or earlier.
  - b. Method of notice. Notice of a change, hold or cancellation of membership must be made using the Membership Change form supplied by SYNERGY. I must contact SYNERGY for this form. No other method of notice will be accepted.
  - c. Moving up or down in membership. There is no charge to move up or down in membership. Moving up or down in membership will result in the termination of the current contract and the creation of a new contract.
  - d. All contracts may be placed on medical hold for up to 3 months subject to me providing written, certified notice from a physician. To continue a medical hold beyond 3 months, written certified notice from a physician must be provided every 3 months. A 12 month contract may be put on non-medical hold for up to 3 months in a 12 month period. A 3 month contract may not be put on non-medical hold.
  - e. Cancellation fee. Early cancellation of a contract is subject to a cancellation fee equal to the greater of i) \$75 or ii) my membership fee for one month. The cancellation fee will be waived in the following circumstances: i) If cancellation is due to a me moving residences where the new residence must be at least 100 kilometers from SYNERGY's training facility and verifiable proof of the move must be provided or ii) If cancellation is due to me becoming permanently disabled. I must provide certified notice from a physician that I am permanently disabled.
11. Corporate membership is for unlimited group classes for a one (1) year term. To receive the corporate rate, there must be a minimum of 8 employees of the company as members of SYNERGY at all times. If corporate membership drops below this minimum for more than three consecutive months, corporate memberships will automatically be changed to regular unlimited memberships.
12. Cancelled and missed appointments. If I do not appear for a scheduled appointment or fail to give 24 hours cancellation notice, I may be charged for the full session. SYNERGY reserves the right to charge an admin fee for missed appointments, or for appointments that are cancelled with less than 24 hours notice. The fees are: a) Appointment late cancellation fee: \$10 or b) Missed appointment fee: \$30.

Synergy Strength and Conditioning (SYNERGY) and I agree that by accepting this agreement (Agreement), I agree to all the terms and conditions of this Agreement. I confirm that I have read, understood and accept the terms and conditions of this Agreement.